

# Download Lessons In Sustainable Happiness

As educators strive to transform education from an industrial model of education towards 21st century learning, we are hearing calls for incorporating innovation, creativity, digital literacy, character education, entrepreneurship, and much more. Essentially, we are seeking to repurpose education Sustainable Happiness is an exciting way to develop happiness skills that are good for you, other people and the natural environment. It's defined as "happiness that contributes to individual, community, and/or global well-being without exploiting other people, the environment, or future generations." Lessons in Sustainable Happiness book. Read reviews from world's largest community for readers. We might ask, who or what teaches us about happiness? Our... Catherine O'Brien, PhD is an education professor at Cape Breton University where she teaches the first university course in the world on the groundbreaking concept she created: Sustainable Happiness., Lessons In Sustainable Happiness.

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