

Download The Essence Of Okinawan Karate Do Shorin Ryu

Grand Master Shoshin Nagamine is the founder of Okinawan Shorin-Ryu, Matsubayashi-Ryu karate. While Matsubayashi-Ryu karate did not exist before Nagamine Sensei founded it, it's beginnings had existed for hundreds of years before. Question: Do you know the difference between Okinawan Karate & Japanese Karate? I didn't. Until I visited Okinawa – the birthplace of Karate. Wow! Since then, I've revisited the amazing island over a dozen times. I even lived there in 2009, studying Japanese at Okinawa University. So I can assure you... There are MANY differences between ...Everyone that practices traditional Okinawan Karate and not sport Karate knows that all kicks are done with the large toe in Okinawan Karate. It is only a big surprise to people who practice sport Karate that includes almost all Japanese mainland Styles and most westerners practicing Karate. The following is a list of Japanese terms commonly used in karate training. Some of these terms are used at the Academy of Traditional Karate, though many more are included for reference., The Essence Of Okinawan Karate Do Shorin Ryu.

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